



Pupil Checklist Feeling Safe and Happy Online

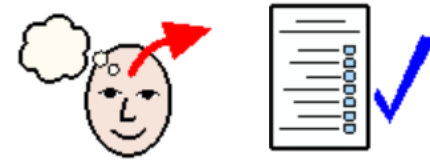




Different types of technology you might use at home:



You can access the internet on these devices



Get ready for learning at home



Time to be mindful
Cosmic Kids



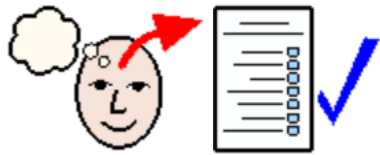
Time to exercise
PE with Joe Wicks



Take a break
Healthy meals and snacks



Get lots of rest
Bedtime 8.00pm



Learning at home



Keep to a routine each day, that you choose with your family (see the example above)



Age appropriate
(3-7 years)

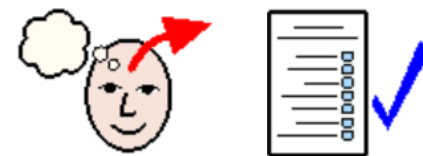


DON'T:



DO:



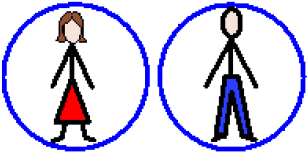
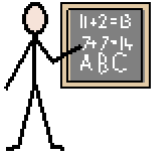
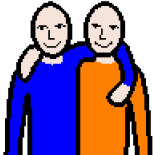

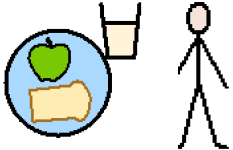



What should you do if you are worried?

Start
Telling
Other
People


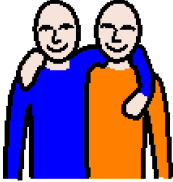




You can tell:

		
mum/dad	teacher	friend
		
relative	lunchtime staff	LOVE Ambassador

Always follow our 'school values' online

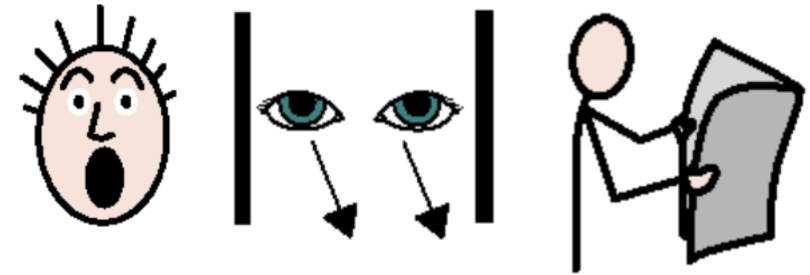
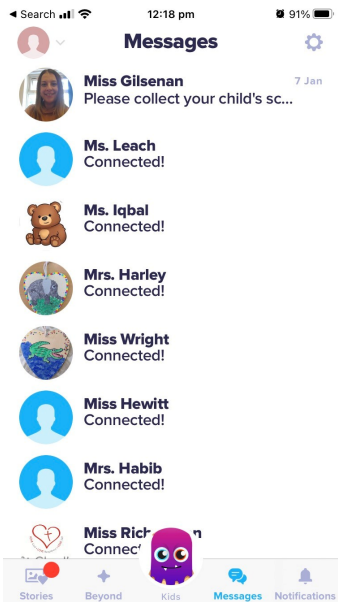


 love	 friendship
 compassion	 respect





Download the Class Dojo app to access all home learning



If you see or read something you are not sure about online

